

Consent to Services

Dr. Steve G. Conway Counselling & Psychotherapy

STEVE G. CONWAY, Psy.D, RCC
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Psychotherapy & Counselling

Psychotherapy and Counselling, which are largely synonymous terms, provides a space and opportunity for you to explore behaviours, relationships, feelings, or thoughts, which trouble you and cause difficulty in your life. Counselling is also a legitimate source of support in a crisis or during a difficult time. Psychotherapy can bring deeper personal insight and awareness, better ways of understanding and coping with problems, and improved relationships. You should know, however, that psychotherapy and counselling sometimes requires that you be willing to examine difficult topics or times in your life, to experience stronger than usual emotions, and to try out new and different behaviours.

Collection, use and disclosure of personal information

Personal information gathered in the course of counselling / psychotherapy will be used in accordance with the purposes outlined in the paragraph above and will not be disclosed except as follows.

Confidentiality and its exceptions

Confidentiality is a key to the effectiveness of the psychotherapy & counselling process, so the personal information you share in counselling will be kept confidential. Confidentiality continues after the end of the psychotherapy and counselling relationship. There are, however, some exceptions to the counsellor's duty of confidentiality, in particular: (a) If a child is or may be at risk of abuse or neglect, or in need of protection; (b) If a counsellor believes that you or another person is at clear risk of imminent harm; (c) For the purpose of complying with a legal order such as a subpoena, or if the disclosure is otherwise required or authorized by law. The psychotherapist / counsellor may also disclose information for the purpose of a professional consultation, in which case your identity will remain confidential.

If you have any questions or concerns about how BC's Personal Information Protection Act or the counsellor's / coach's personal information policies and procedures apply, please ask.

Reviews, referrals and ending

In counselling, it is your right at any time to: (a) Have a review of your progress and of any of the topics in this form; (b) Be provided with a referral to another counsellor, psychotherapist or health professional; (c) Withdraw consent for the collection, use, or disclosure of your personal information, except where precluded by law; (d) End the counselling relationship by so advising the counsellor; (e) Access or obtain a copy of the information in your counselling records, subject to legal requirements. Your right of access to

or to obtain a copy of your personal information continues after the end of the counselling relationship.

Concerns

If you have a concern about any aspect of your psychotherapy and counselling, you are requested to first address it with DR. STEVE G. CONWAY, RCC. If this is impossible or unsafe, or if your concern is not resolved through discussion, you may contact the Registrar of the BC Association of Clinical Counsellors at 1-800-909-6303.

Signature

My signature below confirms that I have read the above, had an opportunity to discuss it with the counsellor, and had my questions answered to my satisfaction.

_____ Name of Client

_____ Signature of Client

_____ Date signed

Dr. Steve G. Conway, RCC _____ Name of Counsellor

_____ Signature of Counsellor

_____ Date signed